

1 October 2020

It is exceedingly difficult to find any guidance to assist recommendations for coaching tenpin bowling, that being the case, these notes are very generic and are to be treated as advice only.

The most important thing is that we all must be '*COVID-19 safe*', so coaches and students **MUST** follow the guidelines and Risk Assessments put in place within that given bowling centre and the general rules and guidance from local authorities.

Social distancing of 1 metre plus will have to apply, because it is extremely unlikely that the class members or individual being coached are part of your social bubble.

Facemasks must be worn by all. Students under 11 do not have to wear masks but should be encouraged.

Some individuals are exempt from wearing face coverings. For example people who cannot put on, wear or remove a face covering because of a physical or mental illness or impairment, or disability, or if you are speaking to or providing assistance to someone who relies on lip reading, clear sound or facial expression to communicate. In cases like this consideration should be given as to necessity of the coaching taking place.

Classes are restricted by the government's guidance to a maximum of 6 including the coach. There are exceptions where groups can be larger than 6 people. The one that applies to bowling is; supervised sporting activity indoors for under-18s, where the maximum is 15 persons.

Prior to running a coaching session, complete your own risk assessment, check with the bowl manager to ensure they approve the procedures you have put in place and they are happy with spectators (if any) being present.

PLEASE REMEMBER that any and all local restrictions must always be taken into consideration and will always override these guidance notes.

COVID-19 Rules and Regulations are continually changing. Therefore, it is the individual's responsibility to be aware and adhere to these changes at all times.