

BTBA REGIONAL ACADEMY



**JOIN THE REGIONAL ACADEMY
TO TAKE YOUR GAME HIGHER.**

**We have two Academies for Juniors
and Youth (U22);**

**FOUNDATION – TO LEARN THE
PHYSICAL TECHNIQUES FOR SHOT
REPEATABILITY IN TODAY'S
ENVIRONMENT**

**DEVELOPMENT – TO LEARN LANE
PLAY SKILLS FOR HIGHER SCORING
POTENTIAL IN TODAY'S
ENVIRONMENT**

We learn in a fun environment

FOUNDATION

5th & 6th January

GUILDFORD

SUN 3rd March

SHIPLEY

SAT 4th MAY

DUNSTABLE

22nd & 23rd June

GUILD FORD

DEVELOPMENT

5th & 6th January

GUILDFORD

SAT 2nd March

SHIPLEY

SUN 5th MAY

DUNSTABLE

22nd & 23rd June

GUILD FORD

WHAT QUALIFICATIONS DO THE COACHES HAVE?

All the coaches are trained BTBA Foundation or Development coaches. They are fully licensed and insured and have many years of experience between them.

WHAT WILL I LEARN?

ACADEMY GROUP	DEVELOPMENT STAGE	LEARNING FOCUS
Foundation 1	3 & 4	introduction to swing concept, timing concept, steps 1-3, training methods
Foundation 2	5	Intermediate swing, timing and training methods. Introduction to sparing and lane play, plus steps 4 & 5
Development 1	6 & 7	Intermediate lane-play and sparing, introduction to ball management, bowling psychology and bowling fitness
Development 2	8	Advanced lane-play, intermediate ball management, bowling psychology and bowling fitness

Development Stage	L.T.A.D. Stage	Learning Focus
3	Learning to Train	Introduction to the swing and first 2 steps
4		Introduction to the 3 rd step, timing concept and training methods
5		Intermediate swing, timing and training methods. Introduction to sparing, lane play, and steps 4 & 5
6	Training to Train	Introduction to ball management, bowling psychology and bowling fitness
7		Intermediate lane-play and sparing, advanced physical techniques
8		Advanced lane-play, intermediate ball management, bowling psychology and bowling fitness

HOW DO I JOIN IN?

COMPLETE [THIS FORM](#) TO REGISTER

WHAT WILL IT COST?

THE FOUNDATION ACADEMY IS JUST £40 PER DAY; PAYABLE IN FULL OR IN 6 INSTALLMENTS (JAN '19 to JUNE '19)

THE DEVELOPMENT ACADEMY IS JUST £50 PER DAY; PAYABLE IN FULL OR IN 6 INSTALLMENTS (JAN '19 to JUNE '19)